

Relationships and Sex Education Policy


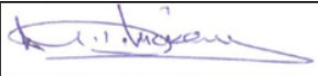
Our vision: Templars, a place where everyone belongs. A place where everyone is proud to belong. A school where everyone is welcomed, feels safe and strives to achieve their full potential.

Our mission: Every child, Every day, Every chance.

Our values: Care, Respect and Honesty.

Document Control

<u>Item</u>	<u>Detail</u>
Policy Author	Vicky Fennell
Policy Owner	Vicky Fennell
Approval	Governing Board
Date Ratified	December 2025
Review Cycle	Annually
Next Review Due	Autumn 2026 (or sooner if statutory guidance)

<u>Role</u>	<u>Name</u>	<u>Signature</u>	<u>Date</u>
Headteacher	Helen Benarous		9.11.25
Chair of Governors	Martin Vickery		

Distribution

- Available on the school website
- Available from the school office on request
- Shared with staff on Sharepoint



Safeguarding Statement

Templars Primary School is committed to safeguarding and promoting the welfare of children. All RSE teaching operates within the school's safeguarding framework and statutory duties under Keeping Children Safe in Education 2025. Staff remain alert to disclosures or indicators of abuse and follow the Child Protection Policy and report immediately to the DSL.

1. Introduction

This policy sets out the aims and organisation of Relationships and Sex Education (RSE) at Templars Primary School. It replaces previous SRE versions and reflects the latest statutory guidance:

- Relationships Education, Relationships and Sex Education and Health Education – Statutory Guidance (DfE, 15 July 2025) (applicable from 1 September 2026)
 - Keeping Children Safe in Education 2025
 - Equality Act 2010
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2. Aims of RSE

RSE at Templars Primary School aims to help pupils develop the knowledge, skills and values to:

- Build and maintain healthy, respectful relationships on- and offline.
 - Understand the importance of consent, personal boundaries and privacy.
 - Recognise and report abuse and seek help.
 - Develop self-esteem, body confidence and resilience.
 - Prepare for the physical and emotional changes of puberty.
 - Value diversity and equality while respecting others' beliefs.
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3. Statutory Requirements

RSE is part of the broad PSHE curriculum and delivered in accordance with:

- The Education Act 2002 and Education Act 1996 s403/405.
- The Relationships Education, RSE and Health Education Statutory Guidance (2025).
- The Equality Act 2010.

Relationships Education and Health Education are statutory for all pupils in primary schools. Sex education beyond the science curriculum is non-statutory but recommended to prepare pupils for secondary education.

Where a parent expresses opposition to their child participating in statutory Relationships Education, Health Education or National Curriculum Science, the Headteacher will meet with them to explain the legal framework, share lesson materials and clarify content. While

parental views are respected, withdrawal cannot be granted from statutory elements of the curriculum. The school will work sensitively with families to maintain trust and ensure pupils continue to receive accurate, age-appropriate information.

4. Parental Right to Withdraw

Parents may request withdrawal of their child from **non-statutory sex education** lessons only (those outside the science curriculum).

- Requests must be made in writing to the Headteacher.
- A meeting will be offered to discuss content, materials and alternative arrangements.
- The decision will be recorded and kept on file.

There is **no right to withdraw** from Relationships Education or Health Education.

5. Roles and Responsibilities

- **The Governing Body** monitors policy implementation and compliance.
- **The Headteacher** ensures RSE meets statutory requirements and parents are informed.
- **RSE Lead – Vicky Fennell** oversees curriculum design, quality assurance and staff training.
- **Teachers** deliver RSE in a safe, inclusive manner and follow safeguarding procedures.

6. Curriculum Overview

Year Group	Key Themes and Learning Outcomes	Statutory Basis
EYFS	Building friendships; kindness; my family and people who help me; understanding consent in simple terms (“my body, my choice”).	Relationships Ed
Year 1	Healthy friendships; similarities and differences; naming body parts using scientific terms; saying no and telling a trusted adult.	Relationships Ed / Health Ed
Year 2	Respectful relationships; privacy; safety in real life and online; families and different types of family.	Relationships Ed
Year 3	Emotions and change; personal space; bullying (including online); how to get help.	Relationships Ed / Health Ed
Year 4	Puberty and body changes; personal hygiene; menstrual wellbeing and support; emotional changes.	Health Ed / Science

Year Group	Key Themes and Learning Outcomes	Statutory Basis
Year 5	Respect and responsibility in relationships; online behaviour and media influence; introduction to conception at a scientific level.	Relationships Ed / Science
Year 6	Conception and birth (scientific process); consent and boundaries; transition to secondary school; seeking help and reporting concerns.	Science / non-statutory Sex Ed

A full curriculum map detailing lesson objectives and resources is available for parents each spring term.

7. Teaching and Safe Practice

- Lessons are delivered by trained staff using approved resources from the PSHE Association and the DfE.
- All teaching is factual, age-appropriate and inclusive. Contested concepts (e.g., sex and gender) are taught within a legal framework and not as matters of belief.
- Question boxes allow pupils to ask questions safely; teachers answer factually and may defer a question to ensure accuracy and safeguarding.
- External visitors (e.g., school nurse) may support delivery but a teacher is always present and retains responsibility for content and safeguarding.
- Resources are quality-assured by the RSE Lead before use.

8. Equality and Inclusion

RSE teaching reflects diverse families, cultures and beliefs. Materials promote respect for difference and challenge stereotypes. Lessons are adapted for pupils with SEND through visual supports, small-group teaching and pre-learning vocabulary where needed.

9. Working with Parents and Carers

- Parents are informed of RSE content and resources each spring term.
- They are invited to a viewing session and can discuss materials with the RSE Lead (Vicky Fennell).
- The school website contains an overview and FAQ section on RSE.
- All withdrawal requests and meetings are recorded.

10. Monitoring and Evaluation

The RSE Lead monitors lesson delivery and feedback through pupil voice, staff evaluations and learning walks.

Impact is reported annually to the Headteacher and the Curriculum and Personal Development Committee of the Governing Body.



11. Review and Ratification

This policy will be reviewed every two years or earlier if DfE guidance changes. The next review is due **July 2027**.

Appendix A: RSE Curriculum Map (Templars Primary School)

(Reviewed July 2025 – Lead: Vicky Fennell)

Year Group	Theme / Unit	Lesson Focus & Key Learning Outcomes	Statutory Area	Core Resources / Materials	Assessment / Evidence of Learning
EYFS	Me and My Relationships	Recognise feelings; build positive friendships; name trusted adults; understand consent in simple terms (“my body, my choice”).	Relationships Education	Jigsaw EYFS / SCARF Early Years; storybooks promoting kindness & diversity.	Circle-time observation; pupil voice.
Year 1	Families & Friendships	Identify what makes a family; recognise similarities / differences; name body parts using scientific terms; understand personal space.	Relationships / Health Ed	PSHE Assoc. “Family & Friendship” pack; NSPCC PANTS resources.	Annotated class display; teacher reflection sheet.
Year 2	Respect & Kindness	Show respect; manage emotions; deal with teasing / bullying; know where to get help; basic online safety.	Relationships / Health Ed	PSHE Assoc.; CEOP KS1 videos; ThinkUKnow resources.	Pupil quiz; scenario responses.
Year 3	Valuing Difference & Online Behaviour	Build empathy; identify safe/unsafe online contact; introduce stereotypes and challenge them.	Relationships / Health Ed	SCARF Lower KS2; National Online Safety resources.	Group discussion notes; exit tickets.
Year 4	Growing & Changing	Puberty — physical & emotional changes; hygiene; menstruation; support networks.	Health Education / Science	BBC Teach Puberty films; NHS period-education	Quiz / mind-map; pupil voice survey.

Year Group	Theme / Unit	Lesson Focus & Key Learning Outcomes	Statutory Area	Core Resources / Materials	Assessment / Evidence of Learning
Year 5	Respectful Relationships & Media Influence	Developing trust and consent; influence of media; recap of puberty; introduction to conception (scientific process).	Relationships / Science	pack; teacher-made visuals.	Annotated diagrams; class reflection wall.
		Conception & birth (scientific); healthy & unhealthy relationships; managing online pressures; secondary transition; seeking help.		PSHE Assoc.; NHS Puberty materials; You, Me & PSHE units.	
Year 6	Preparing for Adulthood	Conception & birth (scientific); healthy & unhealthy relationships; managing online pressures; secondary transition; seeking help.	Science / Sex Ed (non-statutory)	PSHE Assoc.; NHS "Making Babies" lesson; school nurse visit (with teacher present).	Written reflections; transition Q&A feedback.

Inclusive Practice & Adaptation

- Lessons adapted for SEND pupils through visuals, pre-teaching key vocabulary, small-group discussion or use of social stories.
- Teachers liaise with SENCO and pastoral team to ensure accessibility and emotional readiness.

Assessment & Impact

- Teachers use observation, discussion and low-stakes quizzes to check understanding.
- The RSE Lead samples evidence termly and gathers pupil voice.
- Impact reported annually to SLT and the Curriculum & Personal Development Committee.