



Templars Primary School

Newsletter 17.7.23

Date: 17.07.23

Email: admin@templars.coventry.sch.uk

Message from the Headteacher

Unbelievably, this is the last newsletter of the school year but it feels like this week is still a marathon to run! To clarify - we finish THIS FRIDAY. However, before this, on Wednesday, it is Summer Fayre day - Year 6 have taken over and are asking for all children to come in their own clothes on Wednesday with a donation; Year 5 and 6 to bring bottles, Year 3 and 4 to bring cakes, Years N, R, 1 and 2 to bring spare change for the money tree. Very concious of everyone's pockets, Year 6 have planned the whole event - cheap and cheerful is their aim, so bring your coppers when you collect and join in the fun. (As a cashless school, we always struggle for change so please do not bring notes.) The fun will begin as soon as staff can be released to run the stalls.

What a year it's been! I asked staff to share some of their memories: snow days and heat waves; saying goodbye to our Queen and celebrating the Coronation of our new King; furniture donations from local business; hundreds of trips and visits returned after 2 years of covid restrictions (Reception to Coombe, Nursery zoolab, Year 1 Meriden and Twycross zoo, Yar 2 British motor

Museum, Year 3 Weston-Super-Mare, Year 4 Coombe, Year 5 Botanical Gardens, Year 6 Dol-y-Moch); over thirty, free, after-school clubs; teachers coming and going; Young voices, a real life Roman, paddling in Coombe's river; strike days and parking restrictions; Be Our Guest events, NED and Rocco the Yo-Yo man; Christmas Fayre and World Book Day; Chat,Play,Read; Anti-Bullying Week and Odd Socks Day; Stay and Play; fires to cook in forest school, insects to find in our pond, hot dinners and panini's, fox cubs playing and beautiful bird song; Celebration Tea and Spark Days; bedtime stories; neuro diverse umbrellas, Year 5 swimming and "Fitness Fortnight"; Careers Week; Christmas plays and pantomimes to leavers performances; children just beginning their Templars journey to pupils leaving after learning all we can teach; most of all some lovely friendships and special memories made to last a life time; success from our sports teams - girls and boys' football, hockey, gymnastics; dancing/performances with the Royal Opera House; Internet Safety Day; World Book Day; forest school sessions; assembly from the local library; Year 5 have had salsa dancing classes and their ceramic pots will be seen by millions of people; so many parents at events- more than ever before and most recently an excellent performance of Robin Hood by Year 6 at Westwood School last Friday.

And finally, we are so much more than this, but our academic results are improved in every area from Good Level of Development in Reception to Year 6 SATs, including Year 1 Phonics, Year 2 Phonic retakes, KS1 results and the Year 4 Multiplication Check. I must thank every single member of our community for their hard work and dedication - teachers, parent and carers and finally our fantastic pupils.

It's time for a good rest and regeneration before we come back for the same again and more next year. Please see the pages below for lots of information including many activities to take part in over the holiday. See you all on WEDNESDAY 6th September.

Wishing you all a safe and very happy holiday, Mrs Benarous.

Headteacher's Award winners this week!



Orlina 3N: for being a helpful, considerate and caring member of our class. Your new school will be lucky to have you.

Freyanna for amazing progress in Reading and Writing. (3S)

This week I would like to nominate Jeen 1S who has produced some wonderful writing in our dictation sessions. Well done I am very proud of you!

Please can I choose Hunter B RK for always trying his best, never giving up even when it is tricky.

4M - Sam for quickly settling in and becoming such a valued member of Templars

Marianella for an improved attitude both in and out of the classroom throughout the year. Now ready for year 3!

Could I please choose Jaye 1P for the Headteacher's Award? She's worked incredibly hard this year on her learning and I am very proud of the progress she has made.

Jenson 6F has worked extremely hard this year, his handwriting is immaculate, attitude to learning is positive and he is a joy to teach. Well done Jenson!

Reading Champions this week!

06/07/23	Mabconka	3N	Fantastic reading at home
06/07/23	Charlie	3S	Commitment to reading
06/07/23	Suha	4R	Reading every day
06/07/23	Boye	1C	Having book in school everyday
06/07/23	Precious	6F	Reading every day
06/07/23	Jaye	1P	Reading <u>everyday</u> at home
7.7.23	James	4D	Consistent reading
7.7.12	Thomas	3H	Increased reading.
14.7.12	Annie	1C	Consistent reading

Dates for your diary

Year 3 Be our Guest event on Tuesday 18th at 2.30pm.

Summer Fayre - organised by Year 6 19th July

Y4 Be Our Guest Thursday afternoon

Year 6 Leavers lunch -Friday 21st July at 11:45am

Friday 21st July 2023 - the last day for ordering uniform from Brigade Clothing, for starting back in school in September

Break up for Summer on Friday 21st July 2023

Studybugs- reporting your child's absence



Please get the **free Studybugs app** for reporting your child's absence due to illness.

<https://studybugs.com>

Available on the App Store | Get it on Google Play | Get it on Microsoft

Report sickness, receive guidance, help improve children's health
See what illnesses are going around
Secure system, all communications encrypted

Working in partnership with:                               



Help Needed/ Help Given

'WALKING TO SCHOOL' PROJECT FOCUS GROUP

What's it about?
An engaging 60-minute focus group session for you to share your thoughts, allowing me to understand the barriers that prevent your child/children from walking to school.

Who can participate?
Open to all parents/carers in charge of their child/children's travel to school.

Why participate?
Your voice matters! Share your perspectives, experiences, and concerns to contribute to meaningful research.

How to get involved?
Register your interest here!  Alternatively, share your thoughts through a 10-minute survey! 

#MakingADifference

1 - I hope this email finds you well. My name is Ruyi Wang, an undergraduate student researcher at the University of Warwick, and I am reaching out to you regarding a research project called 'Walking to School'.

Things to do in the Community

Summer Fun

SKY BLUES
in the COMMUNITY

BOOK NOW

HAF camps running here in partnership with Sky Blues in the Community

#MakingADifference

Department for Education | Coventry City Council | ONE YOU | COVENTRY HAF | COVENTRY Building Society

02476 786 349
marianne.botterill@sbltc.org.uk

2 - This is the link to the booking site which is now live:

https://myaccount.coventry.gov.uk//service/Coventry_HAF_Clubs?clubid=251



Triumph Athletic are looking to recruit for a new Girls Football Team.

They are a local Football Club based on Tanners Lane, CV4.

They are looking to take on a new Girls Football Team potentially under 9's or 10's for 23-24 season.

Excellent facilities, brilliant looked after pitches, and a long standing club within Coventry.

If interested in joining please contact us on harris100583@yahoo.com for more info.



GIRLS TEAMS



SCHEDULE FOR OPEN SESSIONS

3rd June

U8 - 10-11am
U10 - 11-12pm
U18 - 12-1.30pm
U14 - 1.30-3pm

4th June

U9 - 10-11am
U16 - 11-12.30am
U13 - 12.30 - 2pm

Sign up below



Please arrive half an hour before session to sign in

10th June

U9 & U10 - 10-11am
U15 - 11-12pm
U18 - 12-1pm
U14 - 1-2pm
U11 & U12 - 2-3pm

11th June

U8 - 10-11am
U13 - 11-12.30pm
U16 - 12.30-2pm
U11 & U12 - 2-3pm

3G Pitch, Sphinx Drive, Coventry, CV3 1WA



INTERNET SAFETY WORKSHOPS FOR PARENTS & CARERS

FREE ONLINE workshop for parents and carers to help keep their children safe online. Hosted by West Midlands Police in partnership with Coventry City Council's Prevent Team.

We will share **guidance and strategies** on how to make the internet a safer experience for children.

The following topics will be explored:

- Apps and appropriate ages
- Safety settings
- Grooming, sexting, bullying, radicalisation and extremism
- Gaming
- Introducing house rules
- How to approach conversations and what to do if your child is a victim

To view dates and times and to book a place, please [click here](#) or scan the QR code above



“We know so many love this event and it caters for all ages and abilities. And of course, it’s free which means anyone in the city can enjoy the event for no cost. We will be in Broadgate all week, so we encourage people to come along, all week if they wish, and enjoy the free activities with us.”

Previous Sports Fest events that have been held attracted thousands of residents and visitors. 2022’s 10th anniversary event attracted more than 15,000 people in just six days. Each morning, there will be a quiet hour from 10am - 11am for those who wish to enjoy the sports and activities in a quieter environment.

Wendy Jackson, Community Engagement Manager, CV Life, said: “CV Life is really excited to be a part of Sports Fest again this year. As always, the event is going to be great and I hope we get to see lots of happy faces and families enjoy what will be on offer.

"Local clubs, groups and organisations will provide a whole host of activities to engage with all ages and abilities. We hope to see as many people enjoy the week of free activities and get as many people as possible active outdoors this summer holiday."

Coventry’s discount scheme, Go CV, will also be celebrating a special milestone during Sports Fest. More information will be revealed soon. Keep up to date on the **event page** and on the Coventry Sport **Facebook**, **Twitter** and **Instagram**.



Coventry United u12 Girls current year 6 going into year 7. year 5 also welcome



PLAYER SEARCH

Players required to join the NEW Coventry United u12s Girls Team. All levels of football welcome. If interested and would like a Trial please contact Karl or Andrew on number below for more information.

If Interested please contact – Karl 07950678920 or Andrew 07894251767



COVENTRY SUMMER FOOTBALL CAMP



**AT: BISHOP ULLATHORNE CATHOLIC SCHOOL
LEASOWES AVENUE, COVENTRY CV3 6BH**

**HELD ON MONDAY 31ST JULY TO FRIDAY 4TH AUGUST 2023, 10AM – 3PM
FOR BOYS AND GIRLS AGED 4 – 14**

**WE HAVE BEEN RUNNING OUR FOOTBALL CAMPS AND COURSES IN YOUR
COMMUNITY FOR OVER 22 YEARS!**

Exciting news! We are running our annual Summer Camp on **Monday 31st July to Friday 4th August 2023.**

- The Camp is for **5 days** from **10am-3pm, free drop off from 9:15am!** Lunch is 12.15pm-1pm, children must bring their own packed lunch and plenty of drinks.
- The camp is held on **grass football pitches**, therefore children may wear trainers or football boots. We also have the use of the **sports hall** in case of bad weather.
- On Friday at 2.15pm we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY** as well as many opportunities to win extra trophies, including the **World Cup Tournament, penalty shoot out competition, skill point winners and player of the camp.**
- The camp is run by **FA qualified coaches**, who are DBS checked and are currently working with children in **schools daily**, enabling them to learn essential football techniques, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient of all **'FUN'!**
- The cost of the 5 day camp is **£80 per child (£60 for additional brothers and sisters). £25 daily rate.**

There will be consent forms to complete on arrival and payment should be made on the first morning of the camp.

Mark Frith (course co-ordinator) www.onsidecoaching.co.uk

TO RESERVE SUMMER CAMP PLACES

PLEASE TEXT:

COVENTRY SUMMER CAMP + CHILD'S FULL NAME + AGE

and receive confirmation by text to:-

07827 322 780

Active Course

AGES 5-11

Come and join us!

Monday 31st July to Friday 25th August

£17 Per Day

5 DAYS £75 for only

+£3 for Early/Late Sessions

Walsgrave CofE Academy

School House Lane, Walsgrave, Coventry, CV2 2BA

email coventry@onsidecoaching.co.uk

onsidecoaching.co.uk **COVENTRY**



Coventry Resource Centre for the Blind

Volunteer Minibus Drivers Urgently Required!



Visually Impaired people struggle to use public transport, that's why our service is so vital to our community.

We **URGENTLY** need volunteer drivers to enable our door to door minibus service to run smoothly.

Can YOU help?

For more information / informal chat please call us on **024 7671 7522** or e-mail **admin@crcb.org.uk**

33 Earlsdon Avenue South, Coventry, CV5 6TH

 Coventry Resource Centre for the Blind

Parenting/SEN Support





Join your Parent Carer Forum!



We need your help!

Parent Carer Forums work with Local Councils and Health to improve services for families, children and young people with additional needs...

if you are interested in joining our newly formed Parent Carer Forum or would like to know more please contact Helen.

We'd be delighted if you could help...

- *Make your voice heard*
- *Make your voice count*
- *Make a positive difference*

Please contact Helen Britton if you'd like to know more:

covpf@entrustcarepartnership.org.uk

or **07842 416955**

www.coventrypcf.com



Web: entrustcarepartnership.org.uk
 Email: info@entrustcarepartnership.org.uk
 Tel: 01926 612748

Support for families

Somethings Not Right – Child Exploitation Parents Guide

Child Exploitation is a form of child abuse, referring to the exploitation of any child or young person under the age of 18.

It can take many forms, including criminal exploitation and sexual exploitation, with children often being subjected to more than one form of exploitation at a time.

Child Exploitation happens when an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive a child into sexual or criminal activity. It might appear consensual, and the child might not recognise that they are a victim of abuse.

Finding Out:

- Finding out that your child is being or has been exploited is extremely traumatic.
- It is important to remember that they have been targeted by a ruthless and manipulative criminal.
- Organisations such as Parents Against Child Exploitation (PACE) can provide advice and support including advice on keeping records, dealing with disclosures, and coping guides - <https://paceuk.info/>
- Barnardos also provide support to young people who have experienced child sexual abuse - <https://www.barnardos.org.uk/what-we-do/protecting-children/cse>

Signs May Include:

Changes in behaviour e.g. being secretive, scared, aggressive, distant or angry

[Redacted text block]

[Redacted text block]

Hanging around or being in relationships with older individuals or groups and breaking ties with old friends Dropping out of positive activities and hobbies **Unexplained bus or train tickets**

Unexplained physical injuries and/or refusal to seek or accept medical treatment Going missing from home or school, regularly returning home late or staying out late or overnight

Suddenly having lots of money or new possessions that they cannot account for

Receiving more calls/texts than usual and being very protective of their mobile phone or having multiple phones or SIM cards

Using new language, words or hand signs including unhealthy or inappropriate sexualised behaviours and language

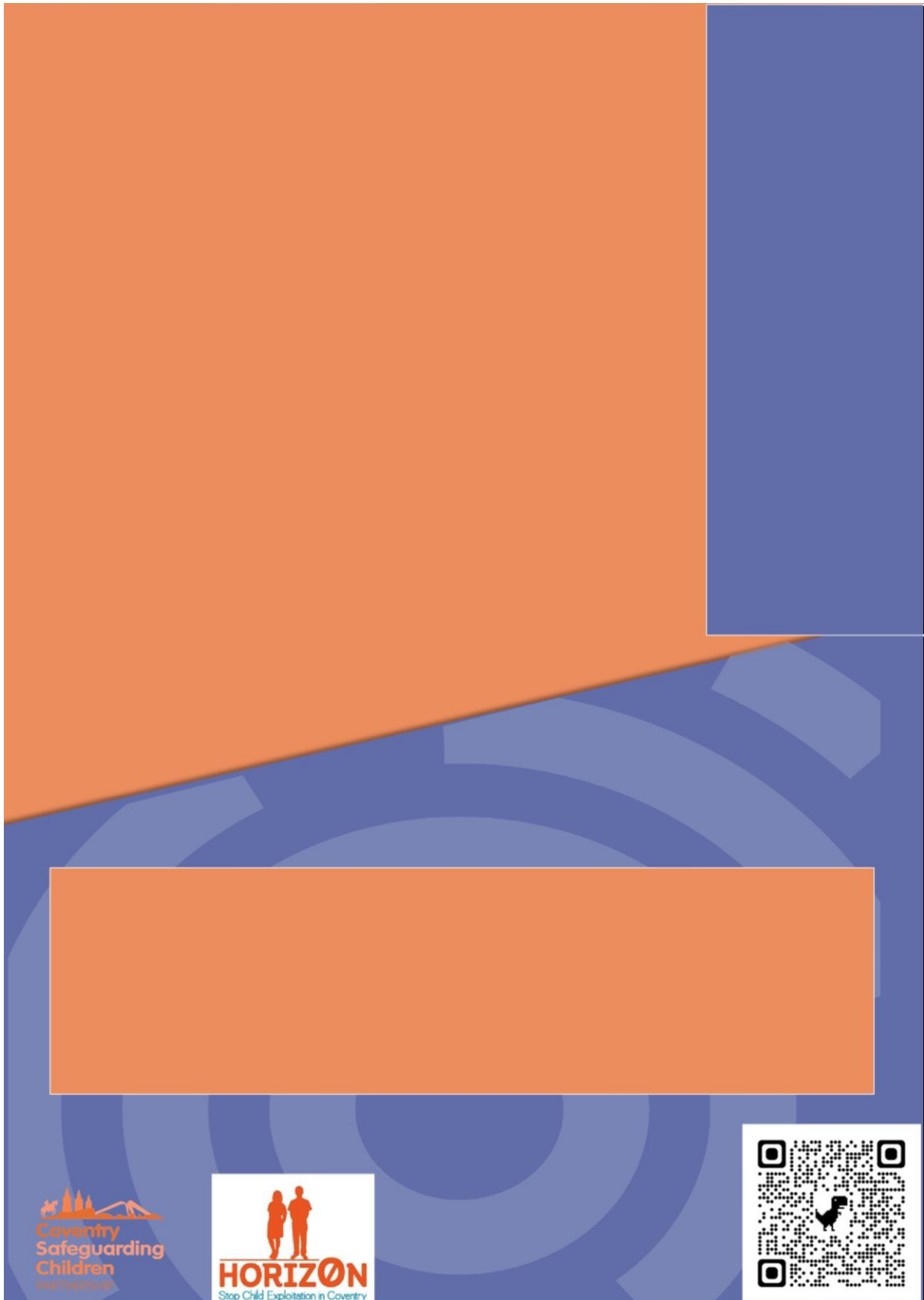
Changing their appearance, e.g. particular style, colours

Being afraid or unwilling to visit certain places and people.

Carrying drugs, large amounts of money or weapons Self-harming and substance misuse issues

What You Can Do:

- Don't wait for a crisis, start speaking to your children about these issues. It is better to be proactive than reactive.
- Don't scare them with 'the big talk', find everyday opportunities to speak about these issues with your child.
- Don't punish them before listening and understanding, know how to support them.
- Exploitation does not always involve physical contact, keep curious about the technology your child is using and stay up to date with platforms, apps, and trends.
- It is important to adopt good practices and set boundaries during a child's first time on the internet. This could be the moment they are bought a mobile phone, games console or laptop.



- Setting up devices and social network profiles safely allows parental controls to be switched on that will help keep children safe online by blocking inappropriate content, managing apps that can be downloaded and providing an ability to monitor their use. Location sharing should also be turned off.

- **Be aware that although you can block unsuitable content, blocks can be disabled or worked around.**

- **Find more Online Safety Help on our website** <https://www.coventry.gov.uk/onlinesafety>

A child may not speak about the abuse because:

- They believe their involvement or relationship was consensual.
- They feared for their safety if they did tell.

- They depended on offenders

emotionally,

financially or for substance.

- They felt isolated.
- They feared repercussions of crimes they have been involved in.

[If you think a child is in immediate danger](#), always call the emergency services on 999.

To discuss a non-emergency matter with the Police, call 101. Visit the West Midlands Police Website to report a crime and access advice and support.

A range of help and services are available via Early Help and the Family Hubs. Visit their website for more information and find your nearest family hub - <https://www.coventry.gov.uk/familyhubs>

Scan the QR Code for more information

Early Help is a partnership of organisations that provide help, advice and support to children, young people and families.

The aim of Early Help is to help you as soon as possible and prevent problems from getting worse by providing you support, as early as possible. Early Help services can help families, children and young people - pre-birth to 19 years old and 25 years old where there are special educational needs or disabilities.

For further information please go to :

<https://www.coventry.gov.uk/earlyhelp>

#InThisTogether

Supporting Coventry with the cost of living crisis

Across Coventry, more and more people are feeling the pressure from the increasing cost of living. If you're struggling financially or concerned about the future, getting help early can make a big difference.

Don't be afraid to reach out for help if you need it. This leaflet has information about some of the key support available across Coventry.

For more information, visit:
www.coventry.gov.uk/costofliving
or call: 08085 834 333



ONE
COVENTRY



Household Support Fund

The Household Support Fund is designed to support households most in need, particularly those including children and pensioners who would otherwise struggle with energy, food and water bills. Visit: www.coventry.gov.uk/householdsupportfund or call **08085 834 333**



Support with energy bills

You may feel you need some extra support or advice in regards to managing your energy bills or making your home more energy efficient. Visit: www.coventry.gov.uk/energybills or call **08085 834 333**



Help with water bills

If you need help with your water bills, we're here to help along with our partners at Severn Trent Water. Visit: www.stwater.co.uk/bigdifferencescheme or call **0345 7500 500**



Help with broadband bills

Social tariffs are cheaper broadband and phone packages for people claiming some benefits. They're delivered in the same way as normal packages, just at a lower price. Visit: www.coventry.gov.uk/socialtariffs or call **0300 123 3333**



Social supermarket, food hubs and foodbanks

If you need support from a social supermarket, food hub or foodbank in the city, visit our website to find out where your nearest one is: www.coventry.gov.uk/foodmap or call **08085 834 333**



Warm welcome

There are lots of places all over Coventry that are free to call in to throughout the day where you can find a warm welcome, access information, take part in activities, or connect with other support. Find your nearest venue at: www.coventry.gov.uk/costofliving or call **08085 834 333**

Free school meals
 One in four children in Coventry is eligible for a Free School Meal. More are taking up their entitlement but there are so many more who could be benefiting. If you want to find out if you're eligible, visit: www.coventry.gov.uk/freeschoolmeals or call **024 7683 3773**

Healthy start vouchers
 If you're more than 10 weeks pregnant - or have a child aged under four- you may be able to get help to buy healthy food and milk with the NHS Healthy Start Scheme. Visit: www.healthystart.nhs.uk or call **08085 834 333**

Help with essentials
 Lots of support is available from many different partner organisations to help you with essentials. Visit: www.coventry.gov.uk/helpwithessentials or call **08085 834 333**

School uniform support
 Clothing Coventry is supporting families struggling with the cost of school uniform by providing free, good quality second-hand school uniforms. To find out more or request clothing, visit: www.coventry.gov.uk/schooluniformsupport


Internet access, equipment, skills and support
 All Coventry residents should have equal opportunities to use digital tools, technology, and services in the right way for them. We want to improve digital access and support our residents as best we can and our libraries can help with this. Visit: www.coventry.gov.uk/covconnects or call **08085 834 333**

8 Family Hubs across the city

- Aspire (Gosford/Lower Stoke)
- Families for All (Foleshill)
- Harmony (Hillfields)
- Mosaic (Tile Hill)
- Pathways (Radford)
- Park Edge (Bell Green)
- The Moat (Wood End)
- Wood Side (Willenhall)



Family Hubs
 'Serving children and families in the local communities'



Providing a safe base for partners to offer a service within in the local community	Access to a number of resource some of which include use of a telephone, use of public access computer, laundry facilities, sensory rooms etc.
Access to a variety of bespoke and timetabled interventions that are delivered by the Family Hub and/or by Early Help Partners	Here to Help
Advice and support through signposting and navigation to the relevant services	Provide basic necessary items through the distribution of food bank vouchers and other immediate practical help


Multidisciplinary team working together to help children, young people (0-19) and their families in the local community

- Family Hub practitioners (Family support)
- Youth Workers
- P.C.S.O's (Community policing)
- Early Help Social workers
- Early Help Partnership Co-ordinators
- Leaders and managers

Working in partnership with a range of agencies and services such as

- Midwives
- Health Visitors
- Coventry Independent Advice Service
- Advice for Families (Coventry Law Centre)
- Haven
- Primary Mental Health Service
- Neighbourhood Police
- Social care

The Family Hubs



Local community groups

Public Health Information

For more information about measles, see the nhs.uk website [here](#).

To find out more about the MMR vaccine please see:
<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

Leaflet on measles (in range of languages)

English versions of this leaflet to order:

<https://www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-schools>

and download versions in Arabic, Afrikaans, Bengali, Chinese, Cantonese, French, Hindi, Hebrew, German, Italian, Lithuanian, Polish, Portuguese, Romani, Romanian, Swahili, Tagalog, Tamil, Turkish, Urdu, Ukrainian and Yiddish.

Rise in measles cases – check your children are vaccinated

There has been an increase in measles cases across the country and parents/carers are being encouraged to be aware of the symptoms of measles and to make sure their children have had two doses of the MMR vaccine.

What is measles and what are the symptoms?

Measles is a very contagious (easy to catch) infection which can lead to illness such as ear infections, vomiting, diarrhoea and pneumonia. On rare occasions the infection can cause serious complications such as blindness, pneumonia and meningitis. Young babies and individuals whose immunity is compromised are at increased risk of severe disease. For pregnant women there are extra risks as measles can cause harm to the baby, leading to increased risk of miscarriage, preterm birth and stillbirth. The MMR vaccine is not given during pregnancy.

Measles is one of the world's most highly infectious diseases. One person infected by measles can infect nine out of ten of their unvaccinated close contacts (World Health Organisation, 2032). Measles is spread through coughing or sneezing and can remain in the air or on a surface for up to two hours. Spending as little as 15 minutes in contact with someone infected with measles is enough to catch the infection.

Measles symptoms:

- high fever or temperature
- sore, red, watery eyes
- coughing
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.

Call ahead before attending a medical appointment

If your child has symptoms of measles do not take them to school or nursery. To get medical advice please stay at home and phone your GP or NHS 111. Please do not visit the GP surgery or A&E without calling ahead. This is because measles spread very quickly, and it is important to try and prevent it spreading to others who may be in a GP or hospital waiting room. Calling ahead will allow medical staff to prepare.

Any person who has symptoms should try to stay away from areas where they could meet vulnerable people such as traveling on public transport or visiting care homes.

MMR vaccine

The free MMR vaccine is a safe and effective way of protecting against measles, as well as mumps and rubella. MMR vaccination is offered twice

- at 1 year of age and
- as a pre-school booster at three years, four months of age

Uptake of the MMR vaccine among children has declined over the last few years which means more of people are at risk of catching and spreading this infection. Please take some time to check if your child has had two doses of the MMR vaccine by checking the vaccination section of the Red Book, and if you are unsure, contact your GP to book an appointment.

You can catch up on any missed vaccinations at any time.

There are two types of MMR vaccine available, one that does not contain porcine gelatine. Please let your GP know if you require the non-porcine vaccine.

DISCOVER OUR FREE 12 WEEK STOP SMOKING PROGRAMME

There is no better time than now to stop smoking - we are here to support you every step of the way. With this support, people are 4x more likely to stop smoking!

We have helped thousands of people to stop smoking. If you want to chat through cutting down or stopping smoking, contact us now 0800 122 3780

info@hlscoventry.org

If you smoke 10 cigarettes a day at £12 per packet you will save per year:

£2,190

If you smoke 20 cigarettes a day at £12 per packet you will save per year:

£4,380

If you smoke 30 cigarettes a day at £12 per packet you will save per year:

£6,570

Tuberculosis

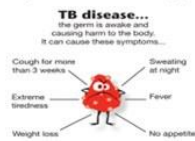
Coventry has a higher rate of TB than the West Midlands and England, although the rates are reducing TB continues to be an area of concern for the city. Please help us by raising awareness of the symptoms of TB and encouraging access to those eligible for the Latent TB Infection (LTBI) screening programme.

What is TB

There are two forms of TB

Active TB is a bacterial infection, it can affect any part of the body such as the bones and brain, it is only infectious if found in the throat and/or lungs which is called pulmonary TB.

The symptoms of TB include the following (the cough is only present in people with TB in the throat and/or lungs). People may have one or more of the symptoms.



Anyone worried that they may have TB should make an appointment to discuss the symptoms and concerns with their GP.

Transmission of the disease may occur when someone with TB in the throat and/or lungs passes on tiny droplets of the bacteria when they cough or sneeze. To get infected you would typically need to spend 6-8 hours with someone with TB in the lungs and/or throat in an unventilated space or have repeat contact such as in a household or workspace to get infected.

The TB team will talk to everyone diagnosed with TB in the lungs and/or throat to try to identify everyone who may be at risk and invite them for a TB screen. This is done confidentially; they will not reveal who the infected individual is.

The treatment for most TB cases lasts for 6 months, the patient should complete the course of treatment and take the medication as prescribed. Typically, a person with TB in the lungs and/or throat is not infectious after approximately two weeks of treatment depending on how long the person has been infected with TB and the strain of the disease.

Latent TB Infection (LTBI)

Some people can be infected with TB, but the bacteria will lie sleeping in the body, this is called Latent TB Infection (LTBI). It is not infectious, and a person will have no symptoms. However, the bacteria may wake up to become active TB, particularly if a person is unwell or under a lot of stress. Without treatment there is a 1 in 10 chance that someone with LTBI will develop active TB typically in the first five years of infection. If someone is called for an LTBI screen they should attend to protect themselves, their friends and family.

LTBI treatment lasts for about three months if the treatment is taken as prescribed.

Free LTBI screening

3 - TB is on the rise in Coventry. If you are worried about symptoms - ready here.

In Coventry the TB team deliver the new migrant LTBI programme. It is open to anyone aged 16-35 years of age who has arrived in the UK in the last five years and comes from a country with a high rate of TB. The flags below represent the countries eligible for a screen.

Free latent TB testing and treatment
فحص وعلاج العدوى الكامنة في الصدر مجاناً

Are you 16-35 years of age?
هل عمرك بين 16 إلى 35 سنة؟
Yes/نعم
No/لا

Did you settle in England within the last 5 years?
هل انت قد انتقلت الى انجلترا خلال السنوات الخمس الماضية؟
Yes/نعم
No/لا

Have you lived in one of the following countries?
هل انت قد عشت في واحد من هذه البلدان؟
Yes/نعم
No/لا

Grid of flags for eligible countries: Albania, Armenia, Azerbaijan, Bangladesh, Belarus, Belgium, Bulgaria, Cambodia, China, Colombia, Czechia, Denmark, Dominican Republic, Ecuador, Egypt, El Salvador, Estonia, Georgia, Greece, Guatemala, Honduras, Hungary, India, Indonesia, Iraq, Israel, Italy, Jordan, Kazakhstan, Kenya, Kuwait, Kyrgyzstan, Latvia, Lebanon, Lithuania, Luxembourg, Macedonia, Malawi, Malaysia, Maldives, Mexico, Moldova, Montenegro, Myanmar, Nepal, Niger, Nigeria, North Macedonia, Norway, Pakistan, Panama, Paraguay, Peru, Philippines, Poland, Portugal, Romania, Russia, Serbia, Slovakia, South Africa, South Korea, Spain, Sri Lanka, Sweden, Switzerland, Taiwan, Thailand, Timor-Leste, Turkey, Ukraine, United Kingdom, USA, Uzbekistan, Vietnam, West Bank, Yemen.

This is in addition to any screening already taken as part of a visa application such as a chest x-ray, a chest x-ray will not show you have LTBI.

The TB team will complete a short health assessment to find out if the person has

- any symptoms of TB
- any known contact with anyone with TB
- had treatment for TB previously

They offer a blood test to identify if they have LTBI, the result is available in about 2 weeks.

If you, a family member or friend meets the eligibility please ring the TB service on 02476 961351 and ask for Davina or Diane to book a FREE and confidential appointment.

Please note that all screening and treatment for TB is free regardless of immigration status.

For more TB information please go to <https://www.coventry.gov.uk/health-wellbeing/tb-and-hepatitis-in-migrant-communities/6>

If you want to raise awareness of TB amongst your community there are a range of resources available in a range of languages, please go to <https://www.coventry.gov.uk/health-wellbeing/tb-and-hepatitis-in-migrant-communities/8> to download the resources.